



## Spring & Summer Skills

The Spring and Summer Skills goals are to allow players to maintain and even improve on the skills they learned last season so they can get the jump on the competition for next season. This will be accomplished by skating for 1.5 hours, once a week over a 13-week period for a total of 19 hours. The combination of practice and game time will allow the players to improve while having fun at the same time.

The focus will be to enhance the players skating agility, puck handling, passing, shooting and checking. Casey Kesselring and staff will put the players through 45 minutes to an hour of drills followed by some 3 on 3 or 4 on 4 game action so the players can put to use the skills they are working on.

### **Session 1: May 18<sup>th</sup> – August 24<sup>th</sup> (Every Sunday)**

Group 1 Mites & Squirts (DOB: 2001 to 98) 2002 must get Casey's approval  
9:00am – 10:30am

Group 2 Peewee & Bantams (DOB: 97 to 94)  
10:40am – 12:10pm

\*98 born players can do group 2 with Casey's permission!

**Cost: Option A. \$350.00 for 13 session or**

**Option B. \$265.00 for 7 sessions.**

**Location:** Ice Den Arena, Hooksett NH

The player can attend any 7 sessions if they decide on option B

**There is no session on Memorial Day or the 4<sup>th</sup> of July holiday weekend.**

Payment in Full is required to hold a spot. Make checks payable to Ice Den

Questions please call Casey: 603 606 5678 or 603 785 9180

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